

Introduction of Psychology

Tutorial 1



Yip sir (葉錦熙)

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Tutor

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Communication

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Rundown

1.	Settle down & Take roll	5 mins
2.	Warm up activities - 握手看心理	15 mins
3.	Course introduction and assessment requirement	20 mins
4.	Forming presentation groups	10 mins

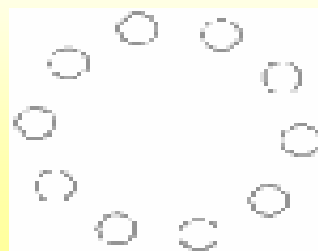
敏覺力測試一



仔細看看能看見什麼?

敏覺力測試二

What do you see ?



敏覺力測試三

How many F's are there in the following text?

Finished files are the result
of years of scientific
study combined with the
experience of years

What is psychology?

Definition

“Psychology is the _____
study of _____ and _____
processes.”

- Atkinson

Definition

“Psychology is the science that
studies behaviour and the physiological
and cognitive processes that underlie it,
and it is the profession that applies the
accumulated knowledge of this science
to practical problems.”

- Weiten

Activity one Shaking hands 「握手看心理」

1. Shake hands with 5 classmates.
2. Try to remember your hand shaking experience

11

握手看心理

試想想...



1. 與人握手時，對方力度的大小、手掌溫度的高低代表什麼？
2. 什麼時候不宜主動和對方握手？
3. 如何在尷尬的「握手處境」中突圍而出？



握手力度

1. 力大
 - 熱情、自信、權力展示
2. 溫度高
 - 健康、情緒正面

13

「敵不動, 我不動」—
什麼情況下不宜主動與人握手?

當對方是 ...

1. 女性
2. 上司
3. 長輩

14

如何在尷尬的「握手處境」
中突圍而出?

1. 「擒拿手」
2. 「合十手」
3. 若無其事地緩緩把手放下

15

Assessment

- | | |
|------------------------|-----|
| 1. Quizzes | 30% |
| 2. Group Project: | |
| ➤ Group Presentation | 15% |
| ➤ Group Written Report | 15% |
| 3. Group Assignment | 30% |
| 4. Participation | 10% |

3.1 Quizzes (30%)

Students are expected to take two quizzes. The quizzes will respectively take place in the lectures of WEEK 8 and WEEK 15

3.2 Group Project (30%)

Students are also assessed through class participation:

- 3.2.1 Students in **group of 5-6** need to conduct a presentation based on one of the topics covered in the lectures.
- 3.2.2 The presentation should last for **15-20 minutes**.
- 3.2.3 Each group needs to hand in a **group report in English (around 1,000 words) one week after the presentation**.

3.3 Group Assignment (30%)

Assignment will be distributed to students in the tutorials of week 6 and week 11. Students are required to submit the assignment to their tutors in the tutorials of **WEEK 7 & WEEK 12.**

3.4 Participation (10%)

Students are expected to participate actively in each tutorial meeting. They are required to take an active part in class discussions.

Participation (10%)

Attendance

1. Every 0.5% off for one absence.
2. Lateness or early leave for 30 minutes will be counted 1 absence.
3. Three lateness (over 15 minutes) = 1 absence

Classroom behaviour (10%)

1. Frequent disturbing chatting = 0 - 2%
2. Frequent sleeping / playing video games = 2 - 3%
3. Quite, attentive without sharing or enquiry = 4 - 6%
4. A little enquiry or sharing = 7 - 8%
5. Quality enquiry or sharing = 9 - 10%

Week	Lecture Topics (2 hours/week)	Tutorial Topics (1 hour/week)
Week 1	Perspectives in Psychology ⇨The five perspectives in contemporary psychology: biological perspective, psychoanalytic perspective, cognitive perspective, behavioral perspective, and humanistic perspective	Introduction and Exercise: Week 1
Week 2	Scientific Foundations of Psychology ⇨Methods of study in Psychology: naturalistic observations, survey, case study, experiment, and correlation research	Exercise: Week 2
Week 3	Sensation & Perception ⇨The Gestalt laws of organizations, top-down and bottom-up processing, perceptual constancy, depth perception, and motion perception	Exercise: Week 3
Week 4	Learning & Behavior Analysis ⇨Classical conditioning and its relevance to everyday behaviors	Exercise: Week 4
Week 5	Learning & Behavior Analysis ⇨Operant conditioning and its application	*Presentation 1: Sensation & Perception

Week	Lecture Topics (2 hours/week)	Tutorial Topics (1 hour/week)
Week 6	Cognitive Processes ⇨Three memory systems ⇨Memory and forgetting ⇨Methods for improving memory	Exercise: Week 6
Week 7	Motivation I ⇨Types of motives -primary motives -psychological motives ⇨Mechanism of motives ⇨Motives and daily life	*Presentation 2: Learning & Behavior
Week 8	Quiz I (Week 1 – Week 6)	Exercise: Week 8
Week 9	Motivation II	*Presentation 3: Cognitive Processes - Memory
Week 10	Attitudes ⇨Factors affecting attitudes ⇨Persuasive communication ⇨Attitudes and Behavior	*Presentation 4: Motivation

Week	Lecture Topics (2 hours/week)	Tutorial Topics (1 hour/week)
Week 11	Personality I ⇨Basic issues in personality ⇨Psychoanalytic, behavioral, cognitive, humanistic and trait views on personality ⇨Evaluate different perspectives of personality ⇨Personality and daily life	Revision: Quiz I and Group Assignment
Week 12	Personality II	Exercise: Week 12
Week 13	Social Influence and Human Relationship I ⇨Mechanism of different social influence ⇨Social influence and daily life	*Presentation 5: Personality
Week 14	Social Influence and Human Relationship II	Exercise: Week 14
Week 15	Quiz II (Week 7 – Week 14)	*Presentation 6: Social Influence and Human Relationship

Forming presentation groups

Week	Tutorial Topics (1 hour/week)	Students
Week 5	*Presentation 1: Sensation & Perception	
Week 7	*Presentation 2: Learning & Behavior	
Week 9	*Presentation 3: Cognitive Processes - Memory	
Week 10	*Presentation 4: Motivation	
Week 13	*Presentation 5: Personality	
Week 15	*Presentation 6: Social Influence and Human Relationship	



The end