

# ENNEAGRAM

## Presentation Outline (Sample)

*This is just an example only. Don't reproduce it with the content exactly the same as this piece of sample work. Browse as more literatures as you might and include some valuable contents and creative activities in your own presentation outline.*

### Session Objectives

To enable students to

1. discover their own personality type with reference to the Enneagram framework;
2. have a better understanding of their own personality traits including their basic fear, bear desire, motivation, leadership style, world view, characteristic vice and virtue, directions for personal growth, etc.

### Schedule

Activity	Theme	Time Allowed
1	Understand the basics of Enneagram	20 mins
2	The Enneagram Type Inventory	30 mins
3	Cartoon study	10 mins
Break		10 mins
4	Live Demonstration of various Personality Type Characteristics	35 mins
5	Round Up	5 mins

### Activities

#### Activity 1 Understand the basics of Enneagram

A mini-lecture will be delivered on the meaning and essential concepts of the Enneagram, contents of which can be found on the first couple of pages of the handout on Enneagram.

#### Activity 2 The Enneagram Type Inventory

Right after the mini-lecture, students are led to complete and score the Enneagram questionnaire on their own following the instructions given in an attempt to find out their personality types.

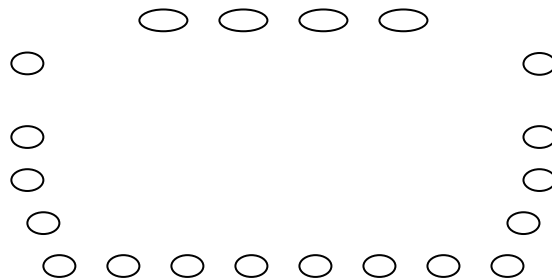
### Activity 3 Cartoon study

Some cartoon papers will be displayed, each describing one distinctive personality type, on a table. Students are free to go around to read the cartoons and the scripts printed on them.

Some students may find it difficult to say for certain which personality type they belong to through the questionnaire exercise. This activity serves another means to facilitate them to find out their personality type.

### Activity 4 Live Demonstration of various Personality Type Characteristics

1. Arrange a few empty chairs in the front of the class as follows:



2. Students of the same personality type will form a group and they take turns to do some sharing and discussions in front of the class. Each group of same personality type will have about 5 minutes.
3. Some suggested guidelines for the small group sharing and discussions are as follows:
  - How do you describe your personality style: optimistic / pessimistic, extrovert / introvert, rational / sentimental, etc?
  - What are favourable hobbies?
  - If you have to select an emotion you like and dislike, what are they?
  - If you could make three wishes become true, what were they?

It will be interesting to observe that students of same personality type may have similar thinking, feeling, verbal and non-verbal patterns. Some core personality traits such as energy level, basic fear, basic desire, sense of self, etc., may also be more or less the same.

### Activity 5 Round up

Highlight the essence of the session as a round up. However, tell the students that the questionnaire and profiles of every personality type as described in the handouts are just brief, impressionistic sketches and by no means exhaust the behaviours and motivations that make up each type. Finally, the presenters can invite students to share whether they are inspired by this workshop and what do they become more aware of their own personality.